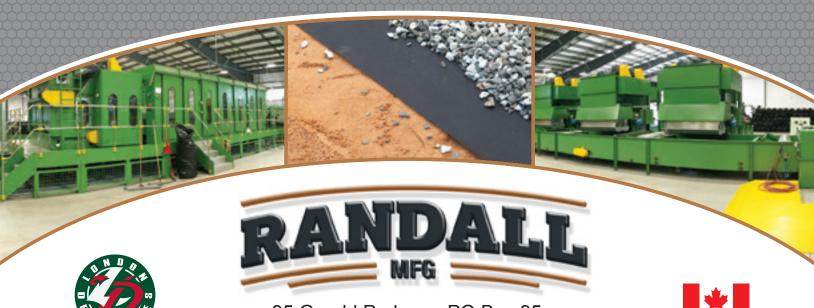




2018 - 2019 LONDON JUNIOR DEVILETTES



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I realize now, how important all the experiences I had in hockey were. Through the game, I have learned how to be a good teammate and how important

communication is. I have learned what it means to be committed to a team and to be accountable to my teammates. I have learned the importance of setting goals and being responsible for my own confidence. All of these skills I learned through the game of hockey. Each experience in hockey has molded my character and helped to shape me into the person I am today. Someone who works hard, loves collective success and

I hope you will find the same satisfaction through hockey. The character traits learned through the game are now part of a key skill set in other areas of my life. I'm a better

someone who is not afraid to push the limits.

The game has given me this.

parent, friend and co-worker as a result of my experiences in hockey. If I have one piece of advice... don't take this time for granted. There is no better place to be than on the ice.

Best of luck for the upcoming season! I hope to see you around the rink soon.

Best Wishes.

As a young girl playing hockey, I never

envisioned winning an Olympic gold

medal, being the commissioner of a

professional women's hockey league or

being inducted to the Hockey Hall of Fame.

I simply played because I loved the game.

My passion for the sport is still what

drives me today.

Jayna Hefford | Commissioner Canadian Women's Hockey League

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London Junior Devilettes

PWHL Season Schedule 2018-2019

Home Game Schedule:

DATE	TIME	ARENA	VISITING TEAM
09/08/2018	15:15	London Sports Park	Oakville
10/12/2018	20:00	London Sports Park	Cambridge
10/13/2018	15:15	London Sports Park	Brampton
11/02/2018	20:00	London Sports Park	Ottawa
11/03/2018	15:15	London Sports Park	Burlington
11/16/2018	20:00	London Sports Park	Nepean
11/17/2018	15:15	London Sports Park	Mississauga
11/21/2018	19:30	London Sports Park	Bluewater
11/23/2018	20:00	London Sports Park	Barrie
11/24/2018	15:15	London Sports Park	Toronto
12/14/2018	20:00	London Sports Park	Kingston
12/15/2018	15:15	London Sports Park	Etobicoke
12/21/2018	20:00	London Sports Park	Waterloo
01/05/2019	15:15	London Sports Park	Aurora
01/11/2019	20:00	London Sports Park	Durham West
01/26/2019	15:15	London Sports Park	Southwest
02/01/2019	19:30	Western Fair Sports Centre	Leaside
02/08/2019	20:00	London Sports Park	Whitby
02/09/2019	15:15	London Sports Park	Stoney Creek

Tournament Schedule:

DATE	TOURNAMENT	CITY
September 14-17	Stoney Creek University Showcase	Stoney Creek, ON
October 19-21	USA Canada Cup Series	Detroit, Michigan
Nov 30 - Dec 2	Canada/USA Showcase	Kitchener, ON
April 5-7	OWHA Provincial Championships	Toronto, ON

Team Philosophy

- 1. Honesty
- 2. Integrity
- 3. Hard work
- 4. Personal / Team Development

Away Game Schedule:

DATE	TIME	ARENA	HOME TEAM
09/22/2018	20:00	Gateway Ice Centre	Stoney Creek
09/23/2018	12:45	Mastercard Centre	Etobicoke
10/27/2018	19:40	Leaside Arena	Leaside
10/28/2018	14:00	Canlan - York	Toronto
11/10/2018	18:10	McKinney Centre	Whitby
11/11/2018	14:30	Ajax Community Centre	Durham West
12/08/2018	13:55	Stronach Aurora Rec Complex	Aurora
12/09/2018	11:30	East Bayfield	Barrie
12/22/2018	16:40	Forest Glade Arena	Southwest
01/03/2019	19:45	Gemini Sportsplex	Bluewater
01/13/2019	15:00	Kitchener Auditorium	Waterloo
01/18/2019	19:30	Invista Centre	Kingston
01/19/2019	12:15	Goulbourn Recreation Centre	Ottawa
01/20/2019	12:00	Nepean Sportsplex	Nepean
01/27/2019	14:15	Century Gardens	Brampton
02/02/2019	15:00	Joshuas Creek Arena	Oakville
02/16/2019	20:00	Mainway Recreation Centre	Burlington
02/17/2019	12:00	Iceland Arena	Mississauga
02/22/2019	19:40	Preston Memorial Auditorium	Cambridge

College/University Game Schedule:

DATE	TIME	ARENA	VISITING TEAM
September 28, 2018	19:00	Windsor-WFCU Centre	Lancers
September 29, 2018	15:00	Arrington Ice Arena	Adrian
September 30, 2018	14:00	Munn Arena	Michigan
October 19, 2018	19:00	Murray Athletic Centre	Elmira
October 20, 2018	15:00	Marano Campus Center Arena	Oswego
October 21, 2018	12:00	Adirondack Bank Center at the Utica Memorial Auditorium	Utica

"Be true to yourself and your team."



2

Maggie **McKee**

Hometown: London, ON **Birth Year:** 2001

Height: 5' 7"
Weight: 140lbs
Shoots: Right
Position: Forward

2017 - 18 Team/Level: London Jr Devilettes Int AA

Graduation Year: 20

Secondary School:Oakridge Secondary SchoolAcademic Interests:Concurrent Education or NursingAthletic Goal:National Women's Hockey Team

University Level Hockey

Achievements: LLFHL League Champions 2016

4x OWHA Provincial Gold Medal

OFSAA XC/T&F 2017

Track and Field Award Oakridge SS 2017 2017-18 PWHL League Scoring Champion

2017-18 PWHL Bronze Medallist

OFSAA Gold Medallist Sr Volleyball (2018)

2015-18 Honour Roll

2017 Track & Field MVP

2018 Gr 11 Female Athlete of the Year (Oakridge SS, 2018) 2017/2018 U18 OWHA High Performance Camp Invitee 2018 National Women's U18 Selection Camp Invitee

Favourite Quotation: Be humble, be hungry and always be the hardest worker in the room.



Meaghan Chittick

Hometown: Sweaburg, ON **Birth Year:** 2002

Height: 5' 8"
Weight: 140lbs
Shoots: Right
Position: Defence

2017 - 18 Team/Level: London Devilettes Midget AA

Graduation Year: 2020

Secondary School: College Ave SS

Academic Interests: Mathematics or Science
Athletic Goal: To play for a CIS or NCAA
University hockey team

Achievements: Grade 9 Academic Proficiency

Award (GPA- 95%)

Academic Math/English & Geography Awards

Music Award

BAA Team captain

OWHA PWAA Bronze Medalists

WOSSAA Jr Badminton Bronze; Elected Minister of Athletics

Student Council - 2018/2019

Favourite Quotation: "There may be people who have more talent than you, but there's no excuse for anyone to work harder than you do." – Derek Jeter





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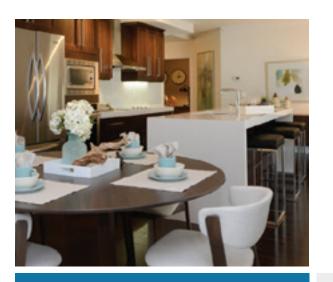
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In Support of #4 Meaghan Chittick







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Victoria **Quance**

Hometown: Dorchester, ON

Birth Year: 2001
Height: 5' 7"
Weight: 135lbs
Shoots: Left
Position: Forward

2017 - 18 Team/Level: LD Midget AA

Graduation Year: 2019

Secondary School: Lord Dorchester SS

Academic Interests: Concurrent Education, Kinesiology,

Mathematics

Athletic Goal: Medal at Provincials, Play CIS

hockey

Achievements: 6 OWHA Provincial Medals

OFSAA Track & Field (Gr 9&10)
OFSAA Basketball (Gr 10)

Jr Female Athlete of the Yr (Gr 10)

Award for 2nd Highest Overall Average (Gr 9&10)

Math & Buiness Awards (Gr 9)

Math, Science & French Awards (Gr 10)

Favourite Quotation: "You are your only limit"

In Support of #9 Katie Clarke

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9

Katelyn Clarke

Hometown: Kilworth, ON

Birth Year: 2001
Height: 5' 7"
Weight: 145lbs
Shoots: Left
Position: Defense

2017 - 18 Team/Level: London Jr Devilettes Int AA

Graduation Year: 2019

Secondary School: Saint Andre Bessette Catholic SS

Academic Interests: Psychology; Neurosciences

Athletic Goal: To continue to develop my game and pursue a NCAA scholarship or CIS commitment while I

further my education

Achievements: Provincial Gold medalist x3

Provincial Bronze medalist

LLFHL Champions

Regular Season Champions x4

Jr. Girls Volleyball WOSSAA bronze x2

Honour Roll 2017-2018

Honour Roll 2016-2017

Favourite Quotation: "Work Hard, Keep Your Feet Moving

& Have Fun" - Dave Whaley



PRIVATE WEALTH MANAGEMENT

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Jessica **Darby**

Hometown: London, ON Birth Year: 2001
Height: 5' 8"
Weight: 160lbs
Shoots: Left
Position: Defense

2017 - 18 Team/Level: London Jr Devilettes Int AA

Graduation Year: 2019

Secondary School: Catholic Central High School
Academic Interests: Medical Sciences - Orthopedic

Surgeon

Athletic Goal: To play University Hockey and to

play at the National level for Canada

Achievements: 3 time Provincial Champion

2 time Provincial Bronze Medalist Jr. Basketball WOSSA Champion Grade 9/10 Honour Roll

Favourite Quotation: "Hard work beats talent when

talent doesn't work hard."

In Support of #11 Hannah Tait



Robert N Tait, CFP

Financial Security Advisor

273 Pryde Blvd Exeter, ON N0M1S1 Tel: 519-235-1359 Cell: 519-661-7004

rob.tait@freedom55financial.com



Hannah Tait

Hometown: Exeter, ON
Birth Year: 2001
Height: 5' 9"
Weight: 140lbs
Shoots: Right
Position: Forward

2017 - 18 Team/Level: London Jr Devilettes Int AA

Graduation Year: 2019

Secondary School: St. Anne's Catholic SS **Academic Interests:** Math and Science

Athletic Goal: To play University hockey while

pursuing post secondary education

Achievements: OWHA Provincial Bronze Medalist 2014

Lower Lakes League Champions 2016 OWHA Provincial Gold Medalist 2017 Lower Lakes Championship Silver 2017

St. Anne's CSS Top Overall Junior Athlete 2017

St. Anne's CSS Top Overall Senior Athlete 2018

St. Anne's CSS Top Academic Award Grades 9 and 10

OFSAA Cross Country 2017 and 2018
OFSAA Track & Field 2017 and 2018
OFSAA Hockey Silver Medalist 2018
OWHA Provincial Bronze Medalist 2018
St. Anne's CSS Student Trustee - 2018

Favourite Quotation: "You will never know your limits until you push yourself to them." - Author Unknown



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Emma Harvey

Hometown: London, ON
Birth Year: 2003
Height: 5' 10"
Weight: 135lbs
Shoots: Left
Position: Forward

2017 - 18 Team/Level: LD Bantam AA

Graduation Year: 2021

Secondary School: South Secondary School
Academic Interests: Kinesiology or Law

Athletic Goal: NCAA or Canadian university level hockey; represent both Ontario and Canada

Achievements: 2017-18 Honour Roll

2017-18 OWHA PWAA Bronze Medalist & PWAA

Silverstick Champion (MVP)

Varsity Hockey (2018 team MVP), member of Badminton & Soccer teams

Jr Basketball (2018 Coach's Award)

 ${\rm Gr}\,9\,{\rm Female}\,{\rm Athlete}\,{\rm of}\,{\rm the}\,{\rm Yr}, {\rm South}\,{\rm Collegiate}\,{\rm Institute}$

TVDSB Elementary School X-Country Champion

Elementary School awards including: Female Athlete, History, French & Honour Roll, Principal's Award

TVDSB Lawson Literary Award (2017)

U16 Ontario Summer Games invitee (2018).

Favourite Quotation: "I just wish people would realize that anything's possible if you try; dreams are made possible if you try." - Terry Fox



Jaymee **Nolan**

Hometown: Seaforth. ON

Birth Year: 2001
Height: 5' 7"
Weight: 175lbs
Shoots: Left
Position: Forward

2017 - 18 Team/Level: Saugeen Maitland Midget AA

Graduation Year: 2019

Secondary School: St. Anne's Catholic SS
Academic Interests: Sports Physiotherapy

Athletic Goal: Team Canada

Achievements: 2014 world selects gold medal

champion

2015-16 Bantam AA gold medal

2017 OFSAA rugby finalist

Favourite Quotation: "All the talent in the world won't

take you anywhere without your teammates"

In Support of #4 Meaghan Chittick







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19

Allyson **Denstedt**

Hometown: Stratford, ON

Birth Year: 2001
Height: 5' 10"
Weight: 170lbs
Shoots: Right
Position: Defense

2017 - 18 Team/Level: KW Jr Womens

Graduation Year: 2019

Secondary School: St. Michael's Catholic SS **Academic Interests:** French/Health Sciences or

Teaching

Athletic Goal: University level hockey

Achievements: 2012-2017 shutout leader soccer

2016 & 17 Huron Perth WOSSA hockey Gold

2017 OFSAA hockey Bronze; 2017 WOSSA soccer Bronze

2016 John Cameron Award (sportsmanship)

2015/16 OWHA BAA Gold Honour Roll 2015-present

12

2015 Highest Marks in French Immersion

Favourite Quotation: "Respect All - Fear None"





33

Rachael **Bentley**

Hometown: St. Marys, ON

Birth Year: 2001
Height: 5' 6"
Weight: 140lbs
Shoots: Left
Position: Goalie

2017 - 18 Team/Level: London Devilettes Midget AA

Graduation Year: 20

Secondary School: St. Marys District Collegiate &

Vocational Institute

Academic Interests: Physics, Computer Science
Athletic Goal: University level hockey
Achievements: Honour Roll (gr 9-11)
St. Marys DCVI Top Academic Award (gr 9-11)

Canadian Mathematical Society Camp Invitee (2016) 5 CEMC Math Contest Proficiency Awards (2015 - 2018)

OWHA Gold (2011)

OWHA Bronze (2013)

3 Silver Stick Golds

Female Athlete of the Year Award (2015)

Favourite Quotation: "In prosperity, our friends know us; in adversity, we know our friends." - John Churton Collins



In Support of #33 Rachael Bentley





Emma **McKnight**

Hometown: Dorchester, ON

Birth Year: 2001 Height: 5' 5" Weight: 140lbs Shoots: Right Position: Forward

2017 - 18 Team/Level: London Jr Devilettes Int AA

Graduation Year: 2019

Secondary School: Lord Dorchester SS **Academic Interests:** Math and Science

Athletic Goal: Cdn Womens National Team
Achievements: Bronze Provincial Champions 2014

Bronze Lower Lakes Champions 2013
Lower Lakes League Champions 2016

2016 - Qualified for OFSAA in 100m, 200m and 4x1 Relay

Bronze medalist in the 4x1 relay

2017 - 4th place finish in 4x100 relay - (OFSAA)

Honour Roll

2017 - Junior Athlete and Junior Track and field award

2017-18 PWHL Bronze Medallist

2018 - U18 OWHA High Performance Camp Invitee

Favourite Quotation: "The Harder the Battle, The Sweeter the Victory"

In Support of #33 Rachael Bentley





Jamie Higgins President

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Nicole Gosling

Hometown: London, ON

Birth Year: 2002
Height: 5' 8"
Weight: 140lbs
Shoots: Left
Position: Defence

2017 - 18 Team/Level: London Jr Devilettes Int AA

Graduation Year: 2020

Secondary School: St. Thomas Aquinas Catholic SS
Academic Interests: Science and Physical Education
Athletic Goal: Cdn Womens National Team
Achievements: 2012-13, captain of OHF Provincial

Champions London Jr. Knights Atom AA

2014-15 OWHA Bronze Medallist PAA 2015-16 LLFHL League Champions BAA

2015-16 Gr 8 Honour Roll and Female Athlete Award 2016-17 & 2017-18 LDCSB Female Hockey Champions

2016-17 Honor Roll

2017 U16 High Performance Selection Camp

2017-18 PWHL Bronze Medallists

2018 U-18 OWHA High Performance Selection Camp

Favourite Quotation: "Ninety percent of hockey is mental and the other half is physical" - Wayne Gretzky



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In Support of #33 Rachael Bentley



2018 - 2019 London Junior Devilettes 2018 - 2019 London Junior Devilettes



Height:

lamie **Johnson**

Hometown: Victoria. BC Birth Year: 2001

5' 8"

Weight: 135lbs Shoots: Left Position: Goalie

2017 - 18 Team/Level: Delta Hockey Academy/U18 Prep

2019 **Graduation Year:**

South Delta Secondary School:

Academic Interests: Kinesiology, Education or

Management

Athletic Goal: USports or NCAA D1

Achievements: Principals List

N. American Hockey Classic Gold (2016; 0.40GAA) 2016-17 CSSHL League & Playoff Varsity Champion

BC Hockey U18 ID Camp 2017 & 2018

Favourite Quotation: "Whatever brings you down will

eventually make you stronger'

In Support of #19 Allyson Denstedt



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Hannah Vickers

Hometown: Dorchester, ON

Birth Year: 2001 Heiaht: 5' 3" 120lbs Weight: Right Shoots: Position: Forward

2017 - 18 Team/Level: London Jr Devilettes Int AA

2019 **Graduation Year:**

Secondary School: Lord Dorchester SS **Academic Interests:** Math and Science

Continue to improve and develop **Athletic Goal:** my skills with the aspiration of playing at the varsity level. "WOSSA finalist for Soccer - MVP **Achievements:**

Soccer Player of the year

Bronze Medal Recipient for 3rd overall highest academic average at LDSS - GPA 95%

WOSSA champions for Volleyball

OFSAA for Pole Vaulting

LLFHL - Weekend of Champions

OWHA - Provincial Championship "

Favourite Ouotation: "I never underestimate my opponent but I never underestimate my talent"

- Hale Irwin



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In Support of #11 Hannah Tait



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Emma **Min**

Hometown: London, ON Birth Year: 2003 5' 5" Height:

Weight: 135lbs Shoots: Right Defence Position:

2017 - 18 Team/Level: LD Bantam AA

Graduation Year: 2021

Secondary School: St Andre Bessette

Academic Interests: Healthcare

Athletic Goal: To continue to develop and perform to the best of my ability and to play University level hockey while pursuing a post secondary education

Scholastic Honour Roll Achievements:

Female Athlete of the Year

Captain - London Devilettes BAA 2017/18

2016 Silverstick Champions

OWHA Bronze Medalist (2017/18)

Selected for All Star team at Rush Showcase Event

U16 Ontario Summer Games invitee (2018)

Favourite Quotation: "Decide what you want. Decide what you are willing to exchange for it. Establish your priorities, and go to work."



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Kyra Minoletti

Hometown: Melbourne, ON

Birth Year: 2000 Height: 5' 4" Weight: 145lbs Shoots: Right Position: Forward

2017 - 18 Team/Level: London Jr Devilettes Int AA

Graduation Year: 2018

Secondary School: Glencoe District High School

Academic Interests: Business

Athletic Goal: To play University hockey **Achievements:** Honour Roll ('15, '16, '17)

Visual Arts Award

Minor and Major Athletic Awards

Female Athletic Award

TVRAA for Badminton (1st)

WOSSA for Badminton

WOSSA for Track and Field (hurdles).

Favourite Quotation: "I am always doing that which I cannot do, in order that I may learn how to do it"

- Pablo Picasso

In Support of #81 Emma Minn

The Berry-Smyrnios

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2018 - 2019 London Junior Devilettes 2018 - 2019 London Junior Devilettes

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Julia **Gosling**

Hometown: London, ON Birth Year: 2001 Height: 5' 10" Weight: 157lbs Shoots: Left

Position: Forward 2017 - 18 Team/Level: London Junior Devilettes Int AA

2019 **Graduation Year:**

Secondary School: Mother Teresa Catholic SS Teacher/Pediatric Nurse **Academic Interests: Athletic Goal:** National Women's Hockey Team

Achievements: 2013 - LLFHL Bronze

2016 - LLFHL League Champs

2016 - OFSAA Hockey

2016 - Honour Roll, Principal's Honour Roll-Mother Teresa

2016 - Ontario Summer Games Hockey Gold

2017 - OFSAA Track and Field

2017 - Junior Female Athlete of the Year

2017 - Hockey Canada U18 National Strength and

Conditioning Camp Invitee

2017 - OWHA U18 High Performance Camp Invitee

2017 - Honour Roll and Principal's Honour Roll, Mother Teresa

2017 - Team Canada USA U18 series

2017 - Team Ontario Nationals Ouebec City

2018 - Team Canada U18 Worlds Russia

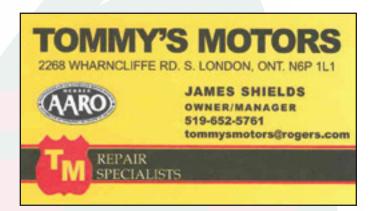
2018 - U18 OWHA High Performance Camp Invitee

2018 - National Women's U18 Selection Camp Invitee

Favourite Quotation: "Be humble. Be hungry. And always be the hardest worker in the room." - Dwayne "The Rock" Johnson

In Support of #88 Julia Gosling







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In Support of #19 Allyson Denstedt





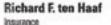
Wishing Emma and the **London Junior Devilettes** a successful season!





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Coaching Staff

Team Staff



Ted Brown Head Coach

Hometown: London

Fourth season as Head Coach with London Junior Devilettes

 Former captain of the University of Guelph

Gryphons-Rookie of the Year

- Former captain of the Woodstock Royals Sr. A Hockey Team
- · Has International Coaching Certificate
- As a head coach, has won 3 provincial championships in Peewee, Bantam and Midget
- Former Associate Coach of Western Women's Varsity Hockey Team
- 2014 Helsinki, Finland-Coach U14 Girls' World Invitational Championship-Silver Medalists
- · HP1 Coaching Certified



Gary ComfortAssistant Coach

Hometown: St. Thomas

Fourth season as Assistant Coach with London Junior Devilettes.

- Former Western Mustang
 varsity player
- · Former Captain Aylmer Blues OHA
- Head Coach Parkside Collegiate Institute TVDSB. 3X WOSSA bronze medal
- · Assistant coach St. Thomas Minor Hockey Pee Wee and Bantam A Travel teams
- Skill development instructor 15 years with CAN/AM STARS in Lake Placid and Guelph and Nunavut Stars in Iqaluit with Ted Brown



Naila AyalaTrainer

Hometown: Toronto

Fourth season as Trainer with London Junior Devilettes

Naila graduated with a BA Honours Specialization

in Kinesiology, is a Certified First Responder, and has acquired her Level I Myofascial Release Therapy Certificate and is working on attaining her Masters in Neuroscience at Western University.



Sammy Robb Trainer

Hometown: London

First season as Trainer with London Junior Devilettes

19

Currently in my final year in the Paramedic program at Fanshawe College. I am

Certified First Responder & CPR/AED Level HCP. I am the Team Leader for the Student Emergency Response Team at Fanshawe.

I played hockey for twelve years, was an assistant coach for the Saunders high school girls hockey team for two years, refereed for the London's referee group for three years and now currently the manager at Snipe Academy of London, A premier hockey training facility.



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Brian Shewfelt
Assistant Coach

Hometown: London

Fourth season as Assistant Coach with London Junior Devilettes.

· He has been involved

with the Devilettes organization for 13 years as a coach, assistant coach and board member

- Previously involved with Can/Am Stars Hockey Camp as a goalie instructor as well as an instructor at the Nunavut Stars Hockey camp in Iqaluit, Nunavut
- · Assistant coach with the Western Women's Hockey Team 2010-2014
- Played his minor hockey in Goderich and returned there to play 3 years Sr. winning the league championship once and was name to the all-star team twice



Ryan Tremblay
Strength & Conditioning Coach

Hometown: London

Second season with London Junior Devilettes as strength and condition coach

- Graduated from Western with an Honours Specialization in Kinesiology
- Received his Certified Strength and Conditioning Specialist from the NSCA in 2012
- Owner of Elite Edge London specializing in off and on ice hockey training
- Has been involved with the London Jr Knights as a coach and instructor over the past 10 years
- · 10 plus years experience as a personal/athletic trainer



Don Beauchamp

General Manager

Hometown: London

Third season as General Manager with London Junior Devilettes

- MBA graduate
- Twenty eight years of leadership experience
- · Actively involved with the London Devilettes Girls Hockey Association for 12 years as an Assistant Coach, Treasurer and General Manager
- Played his minor hockey in the Northern Ontario Hockey Association with the Englehart Minor Hockey Association

2018 - 2019 London Junior Devilettes 2018 - 2019 London Junior Devilettes



In Support of #4 Meaghan Chittick



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We are publicly traded on the Toronto Stock Exchange and currently have an investment grade credit rating. We are a proud Canadian company, with our head office in Ontario and we plan on growing our business in Ontario and across this great country.

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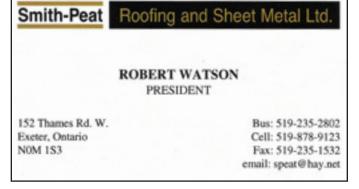
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London Junior Devil ettes Summer Camp















Highlights of the camp week include:

- 3 hours of ice time per day
- 6 to 1 player to coach ratio
- Daily power skating instruction to improve your game (stride, balance, agility, speed and explosive starts)
- Instruction on how to improve your puck control, passing and shooting skills both stationary and while moving
- Off ice sessions include team challenges, co-operative games, video and a variety of fun activities with members of the Devilettes Junior Team











Summer Camps are open to players from all associations

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Good Luck to the Devilettes!



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